

## A. Hasil Analisis Data Penelitian Menggunakan *Software* IBM SPSS

### 1. Validitas dan Reliabilitas Skala *Quiet Quitting*

#### Reliability Statistics

Cronbach's Alpha	N of Items
.872	17

#### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
QQ1	30.69	55.741	.486	.866
QQ2	31.31	57.111	.566	.863
QQ3	30.95	57.200	.504	.865
QQ4	31.12	57.931	.465	.866
QQ5	31.14	57.112	.492	.865
QQ6	31.10	57.025	.543	.863
QQ7	30.99	55.878	.564	.862
QQ8	31.21	56.246	.643	.860
QQ9	30.36	56.982	.416	.869
QQ10	30.91	57.033	.498	.865
QQ11	31.14	57.617	.474	.866
QQ12	31.14	57.260	.428	.868
QQ13	31.21	56.686	.540	.863
QQ14	30.74	56.758	.396	.870
QQ15	30.82	55.348	.560	.862
QQ16	30.91	55.573	.584	.861
QQ17	30.52	56.802	.415	.869

## 2. Validitas dan Reliabilitas Skala *Job Burnout*

### Reliability Statistics

Cronbach's Alpha	N of Items
.895	18

### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
JB1	32.74	63.120	.580	.888
JB2	32.96	62.787	.619	.886
JB3	33.09	62.406	.693	.884
JB4	33.09	63.486	.581	.888
JB5	32.90	62.318	.663	.885
JB6	33.01	62.099	.652	.885
JB7	33.58	67.193	.398	.893
JB8	33.30	65.857	.407	.893
JB9	33.46	65.980	.481	.891
JB10	33.35	64.081	.562	.888
JB11	33.22	67.177	.323	.896
JB12	32.96	63.419	.623	.886
JB13	32.96	66.130	.439	.892
JB14	33.04	66.117	.500	.890
JB15	32.99	66.048	.481	.891
JB16	33.01	66.327	.449	.892
JB17	33.01	64.981	.559	.888
JB18	33.13	64.482	.583	.888

### 3. Validitas dan Reliabilitas Skala *Work-Life Balance*

#### Reliability Statistics

Cronbach's Alpha	N of Items
.858	13

#### Item-Total Statistics

	Scale Mean if Item Deleted	Scale Variance if Item Deleted	Corrected Item-Total Correlation	Cronbach's Alpha if Item Deleted
WLB1	35.09	35.168	.599	.842
WLB2	34.68	34.416	.686	.836
WLB3	34.61	34.957	.652	.839
WLB4	34.42	34.840	.722	.835
WLB5	34.63	34.470	.699	.836
WLB6	34.43	36.862	.549	.846
WLB7	34.20	37.488	.525	.848
WLB8	34.55	37.748	.383	.856
WLB9	34.37	36.055	.600	.843
WLB10	34.43	35.983	.585	.843
WLB11	34.07	38.037	.449	.852
WLB12	35.06	40.653	.115	.871
WLB13	34.66	39.276	.222	.866

### 4. Uji Asumsi Klasik: Uji Normalitas

#### One-Sample Kolmogorov-Smirnov Test

		Unstandardized Residual
N		313
Normal Parameters <sup>a,b</sup>	Mean	.0000000
	Std. Deviation	4.47314151
Most Extreme Differences	Absolute	.047
	Positive	.038
	Negative	-.047
Test Statistic		.047
Asymp. Sig. (2-tailed)		.086 <sup>c</sup>

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

## 5. Uji Asumsi Klasik: Uji Linearitas *Job Burnout – Quiet Quitting*

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
TOTALQQ * TOTALJB	Between Groups	(Combined)	12357.040	37	333.974	12.306	.000
		Linearity	11076.227	1	11076.227	408.127	.000
		Deviation from Linearity	1280.813	36	35.578	1.311	.119
	Within Groups		7463.267	275	27.139		
	Total		19820.307	312			

## *Work-Life Balance – Quiet Quitting*

ANOVA Table

			Sum of Squares	df	Mean Square	F	Sig.
TOTALQQ * TOTALWLB	Between Groups	(Combined)	9850.727	30	328.358	9.288	.000
		Linearity	8029.589	1	8029.589	227.125	.000
		Deviation from Linearity	1821.139	29	62.798	1.776	.010
	Within Groups		9969.579	282	35.353		
	Total		19820.307	312			

## 6. Uji Asumsi Klasik: Uji Multikolinearitas

Coefficients<sup>a</sup>

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.	Collinearity Statistics	
		B	Std. Error	Beta			Tolerance	VIF
1	(Constant)	25.847	3.402		7.598	.000		
	TOTALJB	.543	.044	.578	12.215	.000	.579	1.728
	TOTALWLB	-.320	.058	-.261	-5.528	.000	.579	1.728

a. Dependent Variable: TOTALQQ

## 7. Uji Asumsi Klasik: Uji Heteroskedastisitas

Coefficients<sup>a</sup>

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.
		B	Std. Error	Beta		
1	(Constant)	1.254	2.374		.528	.598
	JBX1	-.010	.033	-.019	-.289	.773
	WLBX2	-.025	.042	-.038	-.588	.557

a. Dependent Variable: Unstandardized Residual

## 8. Uji Hipotesis: Analisis Linear Berganda

Coefficients<sup>a</sup>

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.	Collinearity Statistics	
		B	Std. Error	Beta			Tolerance	VIF
1	(Constant)	25.847	3.402		7.598	.000		
	TOTALJB	.543	.044	.578	12.215	.000	.579	1.728
	TOTALWLB	-.320	.058	-.261	-5.528	.000	.579	1.728

a. Dependent Variable: TOTALQQ

## 9. Uji Hipotesis: Uji F (Simultan)

**ANOVA<sup>a</sup>**

Model		Sum of Squares	df	Mean Square	F	Sig.
1	Regression	11860.755	2	5930.378	230.970	.000 <sup>b</sup>
	Residual	7959.551	310	25.676		
	Total	19820.307	312			

a. Dependent Variable: TOTALQQ

b. Predictors: (Constant), TOTALWLB, TOTALJB

## 10. Uji Hipotesis: Uji t (Parsial)

**Coefficients<sup>a</sup>**

Model		Unstandardized Coefficients		Standardized Coefficients	t	Sig.	Collinearity Statistics	
		B	Std. Error	Beta			Tolerance	VIF
1	(Constant)	25.847	3.402		7.598	.000		
	TOTALJB	.543	.044	.578	12.215	.000	.579	1.728
	TOTALWLB	-.320	.058	-.261	-5.528	.000	.579	1.728

a. Dependent Variable: TOTALQQ

## 11. Uji Hipotesis: Uji Koefisien Determinasi (*R Square*)